



# St. Elias the Prophet Church

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## Services Schedule

Sundays: Orthros/Matins - 8:45 AM; Divine Liturgy - 10:00 AM

Saturdays: Vespers - 5:00 PM

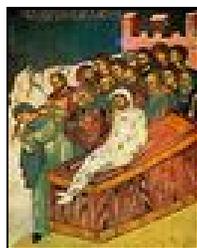
Weekdays and Saturdays (as announced): Orthros/Matins - 8:45 AM; Divine Liturgy - 10:00 AM

WEEKLY BULLETIN

10/09/2016

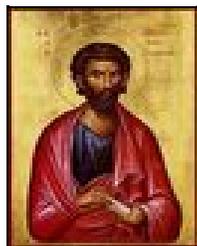
## Saints and Feasts

October 09



3rd Sunday of Luke

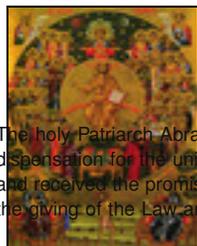
October 09



**James the Apostle, son of Alphaeus**

The holy Apostle James was one of the Twelve, and preached Christ to many nations, and finally suffered death by crucifixion.

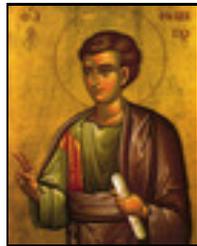
October 09



**The Righteous Patriarch Abraham and his nephew Lot**

The holy Patriarch Abraham, born a pagan, ten generations after Noah, when the knowledge of God had perished from among men, became the beginning of God's dispensation for the universal renewal and salvation of man. He was called out of his country--the land of the Chaldees, that is, Mesopotamia--to the land of Canaan, and received the promise that through his seed all the nations of the earth should be blessed; through his singular faith in the promises of God, he was justified before the giving of the Law and the coming of Grace; through his willingness to sacrifice Isaac, he portrayed the love wherewith God loved the world in sacrificing His only-begotten Son. The greatness of Abraham, and the trials that he and his righteous nephew Lot underwent, are set forth in the Book of Genesis in the Old Testament, chapters twelve through twenty-five. See also the Sunday of the Holy Forefathers, December 11-17.

October 11



**Philip the Apostle of the 70, one of the 7 Deacons**

Saint Philip, who had four daughters that prophesied, was from Caesarea of Palestine. He preached throughout Samaria; it was he also who met the eunuch of Candace, the Queen of the Ethiopians, as the eunuch was reading the Prophet Esaias, and he instructed and baptized him (Acts 8:26-39). He reposed in Tralles of Asia Minor while preaching the Gospel.

# Services and Information

Welcome to all visitors! Please join us for fellowship immediately following the Liturgy in the Social Hall. For those visiting an Orthodox Church for the first time, please be aware that Holy communion is a sign of unity of faith which is only offered to baptized and chrismated Orthodox Christians. However, all present are welcome to partake of the antidoron (or blessed bread) which is distributed at the end of the service. Those interested in learning more about the Orthodox Christian faith, please see Fr. Dimitri Pappas after the service.

Visit the church web site: <<http://steliasnm.org/>>.

## Services Schedule (unless otherwise noted)

Sundays: Orthros/Matins - 8:45 AM; Divine Liturgy - 10:00 AM

Saturdays: Vespers - 5:00 PM

Weekdays and Saturdays (as announced): Orthros/Matins - 8:45 AM; Divine Liturgy - 10:00 AM

**Volunteer Prosforon bakers: please have the Prosforon to Fr. Dimitri before Orthros starts.**

## October 2016

9 Oct. (3rd Sunday of Luke) prosforon & coffee hour, Mac Ennis.

16 Oct. (Sunday of the 7th Ecumenical Council) prosforon, Iggy Patsalis; coffee hour, Nia Parry.

23 Oct. (6th Sunday of Luke) prosforon, Diane Tintor; coffee hour, Niki Constantaras.

30 Oct. (5th Sunday of Luke) prosforon & coffee hour, Anastasia Stevens.

## GOC Links

Greek Orthodox Metropolis of Denver <<http://www.denver.goarch.org/>>.

Greek Orthodox Archdiocese of America <<http://www.goarch.org/>>.

Orthodox Calendar <<http://www.goarch.org/chapel/calendar/>>.

Orthodox Observer <<http://www.goarch.org/news/observer/>>.

## Parish News and Events

### Parish Council Meetings

Parish Council meeting — The next Parish Council meeting will be on Sunday, October 16, after the Divine Liturgy.

### Our Annual Rummage Sale Will Be an Estate Sale at Our Church on October 8

We are hoping that our parishioners and patrons will find some quality items to donate to add to the sale. This year, we are asking to receive donations of useable items of value that will interest good buyers, not the usual flea market castoffs. Please contact Fr. Dimitrios for more information. We also need volunteers to help during the sale.

### Trisagion This Sunday for Protodeacon Alexis Washington of Phoenix, Arizona

Protodeacon Alexis Washington, who was attached to Saints Peter and Paul Church in Phoenix, AZ, fell asleep in the Lord on Sunday, October 2, 2016 following a lengthy battle with cancer. We will be offering a Trisagion this Sunday, Oct. 9, for Dcn. Alexis. May Protodeacon Alexis' memory be eternal!

### The Consecration Fundraiser Will Be on October 15

Invitations are available at the back of the church or from Fr. Dimitri. If you cannot attend for some reason, your donation of \$100 would be greatly appreciated. We need to raise money for the consecration of our church, which is scheduled to take place on September 2, 2017. Please participate in this very important milestone of our church.

### Recycling for St. Elias

The church receives a donation for recycling your used toner cartridges and inkjet cartridges. When you get new ones, please bring the used ones to the church, in their packing if possible. Every bit that we recycle means more funds for our parish. Please help with this free and painless way to raise money and protect the environment.

### 2016 Stewardship

We thank all of our members who have made a stewardship pledge to our parish of St. Elias the Prophet. Through your continued and loving support, the Parish Council and Fr. Dimitrios Pappas are able to serve as caretakers and deal with the needs and priorities that face our church. If you have not already done so, please complete your 2016 pledge card and return it to the church at your convenience. Thank you!

## Hymns of the Day

### Resurrectional Apolytikion in the Grave Mode

Thou didst abolish death by Thy Cross; Thou didst open Paradise to the thief; Thou didst transform the myrrh-bearers' lamentation, and didst bid Thine Apostles to preach that Thou art risen, O Christ God, granting great mercy to the world.

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον, ἠνέωξας τῷ Ἀησιτῇ τὸν Παράδεισον, τῶν Μυροφόρων τὸν θρήνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας, ὅτι ἀνέστης Χριστὲ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

### Apolytikion for Apostle James, Son of Alphaeus in the Third Mode

O Holy Apostle James, intercede with the merciful God that He grant unto our souls forgiveness of offences.

Ἀπόστολε Ἅγιε Ἰάκωβε, πρέσβευε τῷ ελεήμονι Θεῷ ἵνα πταισμάτων ἄφεσιν, παράσχῃ ταῖς ψυχὰς ἡμῶν.

## Apolytikion for St. Elias in the First Mode

The incarnate Angel and the Prophets' summit and boast, the second fore-runner of the coming of Christ, Elias, the glorious, from above he has sent down his grace upon Elisha; he doth cast out sickness and also doth cleanse the lepers; and unto all that honor him, streams of cures he poureth forth.

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Ὁ ἑνσάρκος ἄγγελος, τῶν Προφητῶν ἡ κρηπίς, ὁ δεῦτερος Πρόδρομος τῆς παρουσίας Χριστοῦ, Ἡλίας ὁ ἔνδοξος, ἀνωθεν καταπέμψας, Ελισαίω τὴν χάριν, νόσους ἀποδιώκει, καὶ λεπρούς καθαρίζει, διὸ καὶ τοῖς τιμῶσιν αὐτὸν βρῦει ἰάματα.

## Seasonal Kontakion in the Second Mode

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε. Μὴ παρίδῃς ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι: Τάχυνον εἰς πρεσβείαν, καὶ σπεύσον εἰς ἰκεσίαν, ἢ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

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*Apolytikion for Apostle James, Son of Alphaeus in the Third Tone © Holy Transfiguration Monastery - Brookline, MA*

*Apolytikion for St. Elias ©*

*Seasonal Kontakion in the Second Tone © Holy Transfiguration Monastery - Brookline, MA*

## Gospel and Epistle Readings

### Matins Gospel Reading

#### Fifth Orthros Gospel

The Reading is from Luke 24:13-35

At that time, two of them were going to a village named Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing together, Jesus himself drew near and went with them. But their eyes were kept from recognizing him. And he said to them, "What is this conversation which you are holding with each other as you walk?" And they stood still looking sad. Then one of them, named Cleopas, answered him, "Are you the only visitor to Jerusalem who does not know the things that have happened there in these days?" And he said to them, "What things?" And they said to him, "Concerning Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and rulers delivered him up to be condemned to death, and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since this happened. Moreover, some women of our company amazed us. They were at the tomb early in the morning and did not find his body; and they came back saying that they had even seen a vision of angels, who said that he was alive. Some of those who were with us went to the tomb, and found it just as the women had said; but him they did not see." And he said to them, "O foolish men, and slow of heart to believe all that the prophets have spoken! Was it not necessary that the Christ should suffer these things and enter into his glory?" And beginning with Moses and all the prophets, he interpreted to them in all the scriptures the things concerning himself.

So they drew near to the village to which they were going. He appeared to be going further, but they constrained him, saying, "Stay with us, for it is toward evening and the day is now far spent." So he went in to stay with them. When he was at table with them, he took the bread and blessed, and broke it, and gave it to them. And their eyes were opened and they recognized him; and he vanished out of their sight. They said to each other, "Did not our hearts burn within us while he talked to us on the road, while he opened to us the scriptures?" And they rose that same hour and returned to Jerusalem; and they found the eleven gathered together and those who were with them, who said, "The Lord has risen indeed, and has appeared to Simon!" Then they told what had happened on the road, and how he was known to them in the breaking of the bread.

#### Fifth Orthros Gospel

Κατὰ Λουκᾶν 24:13-35

Καὶ ἰδοὺ δύο ἐξ αὐτῶν ἦσαν πορευόμενοι ἐν αὐτῇ τῇ ἡμέρᾳ εἰς κώμην ἀπέχουσαν σταδίου ἐξήκοντα ἀπὸ Ἱερουσαλὴμ, ἧ ὄνομα Ἐμμαοῦς. καὶ αὐτοὶ ὠμίλουσαν πρὸς ἀλλήλους περὶ πάντων τῶν συμβεβηκότων τούτων. καὶ ἐγένετο ἐν τῷ ὁμιλεῖν αὐτοὺς καὶ συζητεῖν καὶ αὐτὸς ὁ Ἰησοῦς ἐγγίσας συνεπορεύετο αὐτοῖς; οἱ δὲ ὀφθαλμοὶ αὐτῶν ἐκρατοῦντο τοῦ μὴ ἐπιγνῶναι αὐτόν. εἶπε δὲ πρὸς αὐτούς: τίνας οἱ λόγοι οὗτοι οὐς ἀντιβάλλετε πρὸς ἀλλήλους περιπατοῦντες καὶ ἔστε σκυθρωποὶ; ἀποκριθεὶς δὲ ὁ εἷς, ᾧ ὄνομα Κλεόπας, εἶπε πρὸς αὐτόν: σὺ μόνος παροικεῖς ἐν Ἱερουσαλὴμ καὶ οὐκ ἔγνωσ τὰ γενόμενα ἐν αὐτῇ ἐν ταῖς ἡμέραις ταύταις; καὶ εἶπεν αὐτοῖς: ποῖα; οἱ δὲ εἶπον αὐτῷ: τὰ περὶ Ἰησοῦ τοῦ Ναζωραίου, ὃς ἐγένετο ἀνὴρ προφήτης δυνατὸς ἐν ἔργῳ καὶ λόγῳ ἐναντίον τοῦ Θεοῦ καὶ παντὸς τοῦ λαοῦ, ὅπως τε παρέδωκεν αὐτὸν οἱ ἄρχιερεῖς καὶ οἱ ἄρχοντες ἡμῶν εἰς κρίμα θανάτου καὶ ἐσταύρωσαν αὐτόν. ἡμεῖς δὲ ἠλπίζομεν ὅτι αὐτὸς ἔστιν ὁ μέλλων λυτροῦσθαι τὸν Ἰσραὴλ: ἀλλὰ γε σὺν πᾶσι τούτοις τρίτην ταύτην ἡμέραν ἅγει σήμερον ἀφ' οὗ ταῦτα ἐγένετο. ἀλλὰ καὶ γυναῖκες τινες ἐξ ἡμῶν ἐξέστησαν ἡμᾶς γενόμεναι ὄρθριαι ἐπὶ τὸ μνημεῖον, καὶ μὴ εὐροῦσαι τὸ σῶμα αὐτοῦ ἦλθον λέγουσαι καὶ ὀπτασίαν ἀγγέλων ἑωρακέναι, οἱ λέγουσιν αὐτὸν ζῆν. καὶ ἀπήλθον τινες τῶν σὺν ἡμῖν ἐπὶ τὸ μνημεῖον, καὶ εὔρον οὕτω καθῶς καὶ αἱ γυναῖκες εἶπον, αὐτὸν δὲ οὐκ εἶδον. καὶ αὐτὸς εἶπε πρὸς αὐτούς: ὦ ἀνόητοι καὶ βραδεῖς τῇ καρδίᾳ τοῦ πιστεῦν ἐπὶ πᾶσιν οἷς ἐλάλησαν οἱ προφῆται! οὐχὶ ταῦτα ἔδει παθεῖν τὸν Χριστὸν καὶ εἰσελθεῖν εἰς τὴν δόξαν αὐτοῦ; καὶ ἀρξάμενος ἀπὸ Μωϋσέως καὶ ἀπὸ πάντων τῶν προφητῶν διημήνευεν αὐτοῖς ἐν πάσαις ταῖς γραφαῖς τὰ περὶ ἑαυτοῦ. Καὶ ἤγγισαν εἰς τὴν κώμην οὗ ἐπορεύοντο, καὶ αὐτὸς προσποιεῖτο πορρωτέρω πορεύεσθαι: καὶ παρεβίασαντο αὐτὸν λέγοντες: μείνον μεθ' ἡμῶν, ὅτι πρὸς ἐσπέραν ἐστὶ καὶ κέκλικεν ἡ ἡμέρα. καὶ εἰσῆλθε τοῦ μείναι σὺν αὐτοῖς. καὶ ἐγένετο ἐν τῷ κατακλιθῆναι αὐτὸν μετ'

αὐτῶν λαβῶν τὸν ἄρτον εὐλόγησε, καὶ κλάσας ἐπεδίδου αὐτοῖς. αὐτῶν δὲ διηνοίχθησαν οἱ ὀφθαλμοί, καὶ ἐπέγνωσαν αὐτόν· καὶ αὐτὸς ἄφαντος ἐγένετο ἀπ' αὐτῶν. καὶ εἶπον πρὸς ἀλλήλους· οὐχὶ ἡ καρδία ἡμῶν καιομένη ἦν ἐν ἡμῖν, ὡς ἐλάλει ἡμῖν ἐν τῇ ὁδῷ καὶ ὡς διήνοιγεν ἡμῖν τὰς γραφάς; Καὶ ἀναστάντες αὐτῇ τῇ ὥρᾳ ὑπέστρεψαν εἰς Ἱερουσαλήμ, καὶ εὗρον συνηθροισμένους τοὺς ἑνδεκα καὶ τοὺς σὺν αὐτοῖς, λέγοντας ὅτι ἠγέρθη ὁ Κύριος ὄντως καὶ ὤφθη Σίμωνι. καὶ αὐτοὶ ἐξηγοῦντο τὰ ἐν τῇ ὁδῷ καὶ ὡς ἐγνώσθη αὐτοῖς ἐν τῇ κλάσει τοῦ ἄρτου.

## Epistle Reading

**Prokeimenon. Grave Mode. Psalm 28.11,1.**

The Lord will give strength to his people.

Verse: Bring to the Lord, O sons of God, bring to the Lord honor and glory.

**The reading is from St. Paul's Second Letter to the Corinthians 6:1-10.**

BRETHREN, working together with him, then, we entreat you not to accept the grace of God in vain. For he says, "At the acceptable time I have listened to you, and helped you on the day of salvation." Behold, now is the acceptable time; behold, now is the day of salvation. We put no obstacle in any one's way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, tumults, labors, watching, hunger; by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

**Προκείμενον. Grave Mode. ΨΑΛΜΟΙ 28.11,1.**

Κύριος ἰσχύιν τῷ λαῷ αὐτοῦ δώσει.

Στίχ. Ἐνέγκατε τῷ Κυρίῳ υἱοὶ Θεοῦ, ἐνέγκατε τῷ Κυρίῳ δόξαν καὶ τιμὴν.

**τὸ Ἀνάγνωσμα Πρὸς Κορινθίους β' 6:1-10.**

Ἀδελφοί, συνεργοῦντες δὲ καὶ παρακαλοῦμεν μὴ εἰς κενὸν τὴν χάριν τοῦ θεοῦ δεξασθαι ἡμᾶς - λέγει γάρ, Καὶρῷ δεκτῷ ἐπήκουσά σου, καὶ ἐν ἡμέρᾳ σωτηρίας ἐβοήθησά σοι· ἰδοὺ, νῦν καιρὸς εὐπρόσδεκτος, ἰδοὺ, νῦν ἡμέρα σωτηρίας - μηδεμίαν ἐν μηδενὶ διδόντες προσκοπήν, ἵνα μὴ μωμηθῇ ἡ διακονία· ἀλλ' ἐν παντὶ συνιστῶντες ἑαυτοὺς ὡς θεοῦ διάκονοι, ἐν ὑπομονῇ πολλῇ, ἐν θλίψεσιν, ἐν ἀνάγκαις, ἐν στενοχωρίαις, ἐν πληγαῖς, ἐν φυλακαῖς, ἐν ἀκαταστασίαις, ἐν κόποις, ἐν ἀγρυπνίαις, ἐν νηστείαις, ἐν ἀγνόητι, ἐν γνώσει, ἐν μακροθυμίᾳ, ἐν χρηστότητι, ἐν πνεύματι ἀγίῳ, ἐν ἀγάπῃ ἀνυποκρίτῳ, ἐν λόγῳ ἀληθείας, ἐν δυνάμει θεοῦ, διὰ τῶν ὄπλων τῆς δικαιοσύνης τῶν δεξιῶν καὶ ἀριστερῶν, διὰ δόξης καὶ ἀτιμίας, διὰ δυσφημίας καὶ εὐφημίας· ὡς πλάνοι καὶ ἀληθεῖς· ὡς ἀγνοοῦμενοι, καὶ ἐπιγνωσκόμενοι· ὡς ἀποθνήσκοντες, καὶ ἰδοὺ, ζῶμεν· ὡς παιδεύμενοι, καὶ μὴ θανατούμενοι· ὡς λυπούμενοι, αἱ δὲ χαίροντες· ὡς πτωχοί, πολλοὺς δὲ πλουτιζόντες· ὡς μηδὲν ἔχοντες, καὶ πάντα κατέχοντες.

## Gospel Reading

**3rd Sunday of Luke**

**The Reading is from Luke 7:11-16**

At that time, Jesus went to a city called Nain, and his disciples and a great crowd went with him. As he drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, he had compassion on her and said to her, "Do not weep." And he came and touched the bier, and the bearers stood still. And he said, "Young man, I say to you, arise." And the dead man sat up, and began to speak. And he gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited his people!"

**3rd Sunday of Luke**

**Κατὰ Λουκᾶν 7:11-16**

Τῷ καιρῷ ἐκεῖνῳ, ἐπορεύετο εἰς πόλιν καλουμένην Ναϊν· καὶ συνεπορεύοντο αὐτῷ οἱ μαθηταὶ αὐτοῦ ἱκανοὶ καὶ ὄχλος πολὺς. ὡς δὲ ἤγγισε τῇ πύλῃ τῆς πόλεως, καὶ ἰδοὺ ἐξεκομίζετο τεθνηκώς υἱὸς μονογενῆς τῇ μητρὶ αὐτοῦ, καὶ αὐτὴ ἦν χήρα, καὶ ὄχλος τῆς πόλεως ἱκανὸς ἦν σὺν αὐτῇ. καὶ ἰδὼν αὐτὴν ὁ Κύριος ἐσπλαγχνίσθη ἐπ' αὐτῇ καὶ εἶπεν αὐτῇ· μὴ κλαῖε· καὶ προσελθὼν ἤψατο τῆς σοροῦ, οἱ δὲ βαστάζοντες ἔστησαν, καὶ εἶπε· νεανίσκε, σοὶ λέγω, ἐγέρθητι. καὶ ἀνεκάθισεν ὁ νεκρὸς καὶ ἤρξατο λαλεῖν, καὶ ἔδωκεν αὐτὸν τῇ μητρὶ αὐτοῦ. ἔλαβε δὲ φόβος πάντας καὶ ἐδόξαζον τὸν Θεόν, λέγοντες ὅτι προφήτης μέγας ἐγγίγεται ἐν ἡμῖν, καὶ ὅτι ἐπεσκέψατο ὁ Θεὸς τὸν λαὸν αὐτοῦ. καὶ ἐξῆλθεν ὁ λόγος οὗτος ἐν ὅλῃ τῇ Ἰουδαίᾳ περὶ αὐτοῦ καὶ ἐν πάσῃ τῇ περιχώρῳ.

## Wisdom of the Fathers

There is an old saying: 'Excesses meet.' Too much fasting and too much eating come to the same end. Keeping too long a vigil brings the same disastrous cost as ... sluggishness... Too much self-denial brings weakness and induces the same condition as carelessness. Often I have seen men who would not be snared by gluttony fall, nevertheless, through immoderate fasting and tumble in weakness into the very urge which they had overcome. Unmeasured vigils and foolish denial of rest overcame those whom sleep could not overcome. Therefore, 'fortified to right and to left in the armor of justice,' as the apostle says (2 Cor. 6:7), life must be lived with due measure and, with discernment for a guide, the road must be traveled between the two kinds of excess so that in the end we may not allow ourselves to be diverted from the pathway of restraint which has been laid down for us nor fall through dangerous carelessness into the urgings of gluttony and self-indulgence.

**St. John Cassian**

That dead man was being buried, and many friends were conducting him to his tomb. But there meets him Christ, the Life and Resurrection, for He is the destroyer of death and of corruption; He it is "in Whom we live and move and have our being" (Acts 17:28); He it is Who has restored the nature of man to that which it originally was; and has set free our death-fraught flesh from the bonds of death.

**St. Cyril of Alexandria**

*Commentary on the Gospel of St. Luke, Homily 36.42, p. 153., 5th Century*