



## St. Elias the Prophet Church

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### Services Schedule

Sundays: Orthros/Matins - 9:00 AM; Divine Liturgy - 10:00 AM

Saturdays: Vespers - 5:00 PM

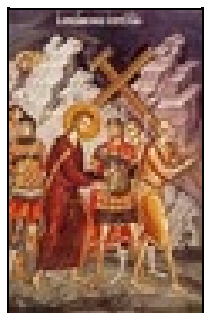
Weekdays and Saturdays (as announced): Orthros/Matins - 9:00 AM; Divine Liturgy - 10:00 AM

WEEKLY BULLETIN

04/03/2016

## Saints and Feasts

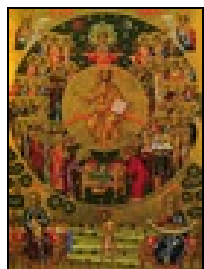
April 03



### Sunday of the Holy Cross

With the help of God, we have almost reached the middle of the course of the Fast, where our strength has been worn down through abstinence, and the full difficulty of the labour set before us becomes apparent. Therefore our holy Mother, the Church of Christ, now brings to our help the all-holy Cross, the joy of the world, the strength of the faithful, the staff of the just, and the hope of sinners, so that by venerating it reverently, we might receive strength and grace to complete the divine struggle of the Fast.

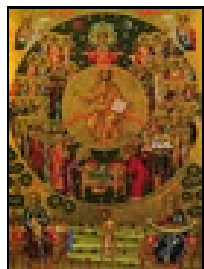
April 03



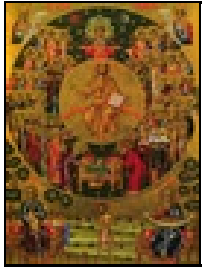
### Joseph the Hymnographer

Saint Joseph was from Sicily, the son of Plotinus and Agatha. Because Sicily had been subjugated by the Moslems, he departed thence and, passing from place to place, came with Saint Gregory of Decapolis (see NOV. 20) to Constantinople, where he endured bitter afflictions because of his pious zeal. Travelling to Rome, he was captured by Arab pirates and taken to Crete, whence he later returned to Constantinople. He became an excellent hymnographer and reposed in holiness shortly after 886 (according to some, it was in 883). The melismatic canons of the Menaion are primarily the work of this Joseph; they bear his name in the acrostic of the Ninth Ode. He also composed most of the sacred book known as the Paracletike, which complements the Octoechos. For this reason, Joseph is called par excellence the Hymnographer.

April 03



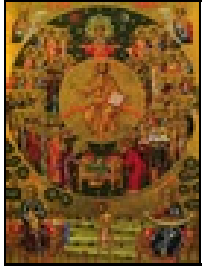
### Theodosia and Irene the Martyrs



**April 03**

### **Nicetas, Abbot of the Monastery of Medicium**

Saint Nicetas lived in the eighth century and became the Abbot of the Monastery of Medicium, which was near the city of Triglia on the Sea of Marmara. For his Orthodox confession of the veneration of the holy icons, he was persecuted and exiled twice by the iconoclast Emperor Leo the Armenian, but recalled by Michael the Stutterer, and reposed, adorned with the twofold crown of holiness and of confession of the Orthodox Faith, about the year 824.



**April 08**

### **The Holy Apostles of the Seventy Herodion, Agabus, Rufus, Asyncritus, Phlegon, and Hermes**

The Apostle Herodion, whom Saint Paul mentions in his Epistle to the Romans (16:11) and calls his "kinsman," was ordained presbyter and then Bishop of New Patras, where he was slain by Jews and pagans. Saint Agabus is mentioned in Acts 21:10-11, where he prophesied Saint Paul's arrest in Jerusalem at the hands of the Jewish leaders. In Acts 11:27-28 it is mentioned also that this Saint foretold the great famine that would come to pass in the time of Claudius Caesar. Having preached the Gospel throughout various regions, he departed to the Lord. The Apostle Rufus became Bishop of Thebes in Greece. The Apostles Asyncritus and Phlegon preached Christ in many places, suffered many afflictions at the hands of the pagans and Jews, and departed unto the Lord. The Apostle Hermes is mentioned with them in the Epistle to the Romans (16:13-14).

## **Services and Information**

Welcome to all visitors! Please join us for fellowship immediately following the Liturgy in the Social Hall. For those visiting an Orthodox Church for the first time, please be aware that Holy communion is a sign of unity of faith which is only offered to baptized and chrismated Orthodox Christians. However, all present are welcome to partake of the antidoron (or blessed bread) which is distributed at the end of the service. Those interested in learning more about the Orthodox Christian faith, please see Fr. Dimitri Pappas after the service.

Visit the church web site: <http://steliasnm.org/>.

### **Services Schedule (unless otherwise noted)**

Sundays: Orthros/Matins - 9:00 AM; Divine Liturgy - 10:00 AM

Saturdays: Vespers - 5:00 PM

Weekdays and Saturdays (as announced): Orthros/Matins - 9:00 AM; Divine Liturgy - 10:00 AM

**Coffee hours from March 20 through Palm Sunday must be Lenten (wine and oil allowed on weekends). On Palm Sunday, fish is also allowed.**

### **April 2016**

3 Apr. (Sunday of the Holy Cross) 2 prosphora and coffee hour, April Deltas.

6 Apr. (4th Wednesday of Lent) 6:00 pm, Pre-Sanctified Liturgy.

8 Apr. (4th Friday of Lent) 6:00 pm, [Akathist Hymn and Small Compline](#).

10 Apr. (Sunday of St. John Climacus) 2 prosphora and coffee hour, Anna Patsalis.

13 Apr. (5th Wednesday of Lent) 6:00 pm, Pre-Sanctified Liturgy.

15 Apr. (5th Friday of Lent) 6:00 pm, [Akathist Hymn and Small Compline](#).

17 Apr. (Sunday of St. Mary of Egypt) Prosporion and coffee hour, Mac Ennis.

23 Apr. (Lazarus Saturday) prosphoron, Fr. Dimitri Pappas.

23 Apr. (Lazarus Saturday) 5:00 pm, Great Vespers.

### **Holy Week Schedule**

24 Apr. (Palm Sunday morning) prosphoron, Diane Tintor. Potluck luncheon, fish, wine, and oil permitted. Sign-up sheet posted in coffee room.

24 Apr. (Palm Sunday evening) 6:00 pm, Bride Groom Service.

25 Apr. (Holy Monday) 6:00 pm, Bride Groom Service.

26 Apr. (Holy Tuesday) 6:00 pm, Bride Groom Service.

27 Apr. (Holy Wednesday) 6:00 pm, Holy Unction Service.

28 Apr. (Holy Thursday) 10:00 am, Vespers Divine Liturgy. Prosporion, Fr. Dimitri Pappas.

28 Apr. (Holy Thursday) 6:00 pm, The 12 Gospels and Nailing on the Holy Cross.

29 Apr. (Holy Friday) 9:00 am, The Great and Royal Hours.

29 Apr. (Holy Friday) 10:00 am, Decorating the Kouvouklion.

29 Apr. (Holy Friday) 3:00 pm, The Apokathelosis (Un-nailing).

29 Apr. (Holy Friday) 6:00 pm, The Lamentation.

30 Apr. (Holy Saturday morning) 10:00 am, Vespers Divine Liturgy. Prosporion, Leslie Cook.

30 Apr.–1 May (Holy Saturday night — Pascha) 11:00 pm Orthros, 12:00 am Divine Liturgy. Prosporion, Leslie Cook. Anastasi meal after service, sign-up sheet in coffee room.

1 May (Great and Holy Pascha) 12:00 pm, Agape Service. Agape meal after service, sign-up sheet in coffee room.

### **GOC Links**

Greek Orthodox Metropolis of Denver <http://www.denver.goarch.org/>.

Greek Orthodox Archdiocese of America <http://www.goarch.org/>.

Orthodox Calendar <http://www.goarch.org/chapel/calendar/>.

Orthodox Observer <http://www.goarch.org/news/observer/>.

### **Parish News and Events**

### Parish Council Meetings

Parish Council meeting — The next Parish Council meeting will be on Sunday, April 3, after the Divine Liturgy.

### Tsourekia Bake Sale

We will be selling our traditional sweet bread for Pascha this year after church on Sunday April 23rd. The price is \$10.00 for each tsourekia.

### Palm Crosses and Church Cleaning

On the Saturday of Lazarus, April 23, after the Divine Liturgy, please stay to make Palm Crosses and to clean the church in preparation for Holy Week and Pascha.

### Palm Sunday Potluck Luncheon

Please sign up to bring a dish for our annual Palm Sunday luncheon. The sign-up sheet is downstairs in our hall, or you may contact Nia Parry at (505) 424-1402. Food must be Lenten, though oil, wine, and fish are allowed on Palm Sunday.

### 2016 Stewardship

We thank all of our members who have made a stewardship pledge to our parish of St. Elias the Prophet. Through your continued and loving support, the Parish Council and Fr. Dimitrios Pappas are able to serve as caretakers and deal with the needs and priorities that face our church. Please complete your 2016 pledge card and return it to the church at your convenience. Thank you!

### The iconographers will continue their work in the spring!

The iconographers Maria Sigala and Niko Spanopoulos will return to our church during Holy Week this spring to continue the iconography project that was begun years ago. This monumental effort has greatly beautified our church! We are still seeking money to pay the final balance due. If you would like to be part of this historic endeavor please call Fr. Dimitri or send your iconography fund donations to the church. Thank you to all of those who have already donated!

### Recycling for St. Elias

The church can recycle your used toner cartridges and inkjet cartridges and receive a donation for their value. When it's time to get a new cartridge, please bring the used one to church, in its packing if possible, and we will recycle it. Every bit that we recycle means more funds for our parish. Please help with this free and painless way to raise money and protect the environment.

## Hymns of the Day

### Resurrectional Apolytikion in the Third Mode

Let the Heavens rejoice; let earthly things be glad; for the Lord hath wrought might with His arm, He hath trampled upon death by death. The first-born of the dead hath He become. From the belly of Hades hath He delivered us, and hath granted great mercy to the world.

Εὐφραίνεσθω τὰ οὐράνια, ἀγαλλιᾶσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ᾄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

### Apolytikion for Sun. of the Holy Cross in the First Mode

Save, O Lord, Thy people and bless Thine inheritance; grant Thou unto the faithful victory over adversaries. And by the power of Thy Cross do Thou preserve Thy commonwealth.

Σώσον Κύριε τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς Βασιλεύσι κατὰ βαρβάρων δωρούμενος καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

### Apolytikion for St. Elias in the First Mode

The incarnate Angel and the Prophets' summit and boast, the second fore-runner of the coming of Christ, Elias, the glorious, from above he has sent down his grace upon Elisha; he doth cast out sickness and also doth cleanse the lepers; and unto all that honor him, streams of cures he poureth forth.

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Ὁ ἐνσάρκος ἄγγελος, τῶν Προφητῶν ἡ κρηπίς, ὁ δεῦτερος Πρόδρομος τῆς παρουσίας Χριστοῦ, Ἡλίας ὁ ἐνδοξος, ἀνωθεν καταπέμψας, Εἰσαίω τὴν χάριν, νόσους ἀποδιώκει, καὶ λεπρούς καθαρίζει, διὸ καὶ τοῖς τιμώσιν αὐτὸν βρῦει ἰάματα.

### Seasonal Kontakion in the Plagal Fourth Mode

To you, Theotokos, invincible Defender, having been delivered from peril, I, your city, dedicate the victory festival as a thank offering. In your irresistible might, keep me safe from all trials, that I may call out to you: "Hail, unwedded bride!"

Τὴ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, ἀναγράφω σοὶ ἡ Πόλις σου Θεοτόκε, Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, ἐκ παντοίων μὲ κινδύνων ἐλευθέρωσον, ἵνα κράζω σοί, Χαῖρε νύμφη ἀνύμφευτε.

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Seasonal Kontakion in the Plagal of the Fourth Tone © Narthex Press - Northridge, CA

## Gospel and Epistle Readings

## Matins Gospel Reading

### Eleventh Orthros Gospel

The Reading is from John 21:14-25

At that time, Jesus revealed himself to his disciples after he was raised from the dead. When they had finished breakfast, Jesus said to Simon Peter, "Simon, son of John, do you love me more than these?" He said to him "Yes, Lord; you know that I love you." He said to him, "Feed my lambs." A second time he said to him, "Simon, son of John, do you love me?" He said to him, "Yes, Lord; you know that I love you." He said to him, "Tend my sheep." He said to him the third time, "Simon, son of John, do you love me?" Peter was grieved because he said to him the third time, "Do you love me?" And he said to him, "Lord, you know everything; you know that I love you." Jesus said to him, "Feed my sheep. Truly, truly, I say to you, when you were young, you girded yourself and walked where you would; but when you are old, you will stretch out your hands, and another will gird you and carry you where you do not wish to go." (This he said to show by what death he was to glorify God.) And after this he said to him, "Follow me."

Peter turned and saw following them the disciple whom Jesus loved, who had lain close to his breast at the supper and had said, "Lord, who is it that is going to betray you?" When Peter saw him, he said to Jesus, "Lord, what about this man?" Jesus said to him, "If it is my will that he remain until I come, what is that to you? Follow me!" So, the word went out among the brethren that this disciple would not die; but Jesus did not say to him that he would not die. He said, "If it is my will that he remain until I come, what is that to you?" This is the disciple who is bearing witness to these things, and who has written these things; and we know that his testimony is true. But there are also many other things which Jesus did; were every one of them to be written, I suppose that the world itself could not contain the books that would be written. Amen.

### Eleventh Orthros Gospel

Κατὰ Ἰωάννην 21:14-25

Τῷ καιρῷ ἐκείνῳ, ἐφανερώθη ὁ Ἰησοῦς τοῖς μαθηταῖς αὐτοῦ ἐγερθεὶς ἐκ νεκρῶν. Ὅτε οὖν ἤρτισαν, λέγει τῷ Σίμωνι Πέτρῳ ὁ Ἰησοῦς· Σίμων Ἰωνᾶ, ἀγαπᾷς με πλεῖον τούτων; λέγει αὐτῷ· ναί, Κύριε, σὺ οἶδας ὅτι φιλῶ σε. λέγει αὐτῷ· βόσκει τὰ ἀρνία μου. λέγει αὐτῷ πάλιν δεῦτερον· Σίμων Ἰωνᾶ, ἀγαπᾷς με; λέγει αὐτῷ· ναί, Κύριε, σὺ οἶδας ὅτι φιλῶ σε. λέγει αὐτῷ τὸ τρίτον· Σίμων Ἰωνᾶ, φιλεῖς με; ἐλυπήθη ὁ Πέτρος ὅτι εἶπεν αὐτῷ τὸ τρίτον, φιλεῖς με, καὶ εἶπεν αὐτῷ· Κύριε, σὺ πάντα οἶδας, σὺ γινώσκεις ὅτι φιλῶ σε. λέγει αὐτῷ ὁ Ἰησοῦς· βόσκει τὰ πρόβατά μου. ἀμὴν ἀμὴν λέγω σοι, ὅτε ἦς νεώτερος, ἐζώννυες σεαυτὸν καὶ περιεπάτεις ὅπου ἤθελες· ὅταν δὲ γηράσῃς, ἐκτενεῖς τὰς χεῖράς σου, καὶ ἄλλος σε ζώσει, καὶ οἴσει ὅπου οὐ θέλεις. τοῦτο δὲ εἶπε σημαίνων ποῖω θανάτῳ δοξάσει τὸν Θεόν. καὶ τοῦτο εἰπὼν λέγει αὐτῷ· ἀκολουθεῖ μοι. ἐπιστραφεὶς δὲ ὁ Πέτρος βλέπει τὸν μαθητὴν ὃν ἠγάπα ὁ Ἰησοῦς ἀκολουθοῦντα, ὃς καὶ ἀνέπεσεν ἐν τῷ δεῖπνῳ ἐπὶ τὸ στήθος αὐτοῦ καὶ εἶπε· Κύριε, τίς ἐστιν ὁ παραδιδοῦς σε; τοῦτον ἰδὼν ὁ Πέτρος λέγει τῷ Ἰησοῦ· Κύριε, οὗτος δὲ τί; λέγει αὐτῷ ὁ Ἰησοῦς· ἐὰν αὐτὸν θέλω μένειν ἕως ἔρχομαι, τί πρὸς σέ; σὺ ἀκολουθεῖ μοι. ἐξῆλθεν οὖν ὁ λόγος οὗτος εἰς τοὺς ἀδελφοὺς ὅτι ὁ μαθητὴς ἐκεῖνος οὐκ ἀποθήσκει· καὶ οὐκ εἶπεν αὐτῷ ὁ Ἰησοῦς ὅτι οὐκ ἀποθήσκει, ἀλλ' ἐὰν αὐτὸν θέλω μένειν ἕως ἔρχομαι, τί πρὸς σέ; Οὗτός ἐστιν ὁ μαθητὴς ὁ μαρτυρῶν περὶ τούτων καὶ γράψας ταῦτα, καὶ οἶδαμεν ὅτι ἀληθὴς ἐστιν ἡ μαρτυρία αὐτοῦ. ἔστι δὲ καὶ ἄλλα πολλὰ ὅσα ἐποίησεν ὁ Ἰησοῦς, ἅτινα ἐὰν γράφηται καθ' ἓν, οὐδὲ αὐτὸν οἶμαι τὸν κόσμον χωρῆσαι τὰ γραφόμενα βιβλία. ἀμὴν.

## Epistle Reading

### Prokeimenon. Plagal Second Mode. Psalm 27.9.1.

O Lord, save your people and bless your inheritance.

Verse: To you, O Lord, I have cried, O my God.

The reading is from St. Paul's Letter to the Hebrews 4:14-16; 5:1-6.

BRETHREN, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

### Προκείμενον. Plagal Second Mode. ΨΑΛΜΟΙ 27.9.1.

Σῶσον, Κύριε τὸν λαὸν σου καὶ εὐλόγησον τὴν κληρονομίαν σου.

Στίχ. Πρὸς σέ, Κύριε, κεκράξομαι ὁ Θεός μου.

τὸ Ἀνάγνωσμα Πρὸς Ἑβραίους 4:14-16, 5:1-6.

Ἀδελφοί, ἔχοντες οὖν ἀρχιερέα μέγαν, διεληλυθότα τοὺς οὐρανοὺς, Ἰησοῦν τὸν υἱὸν τοῦ θεοῦ, κρατῶμεν τῆς ὁμολογίας. Οὐ γὰρ ἔχομεν ἀρχιερέα μὴ δυνάμενον συμπαθεῖσαι ταῖς ἀσθενείαις ἡμῶν, πεπειραμένον δὲ κατὰ πάντα καθ' ὁμοιότητα, χωρὶς ἁμαρτίας. Προσερχόμεθα οὖν μετὰ παρηρησίας τῷ θρόνῳ τῆς χάριτος, ἵνα λάβωμεν ἔλεον, καὶ χάριν εὐρωμεν εἰς εὐκαιρον βοήθειαν. Πᾶς γὰρ ἀρχιερεὺς, ἐξ ἀνθρώπων λαμβανόμενος, ὑπὲρ ἀνθρώπων καθίσταται τὰ πρὸς τὸν θεόν, ἵνα προσφέρῃ δῶρά τε καὶ θυσίας ὑπὲρ ἁμαρτιῶν· μετριοπαθεῖν δυνάμενος τοῖς ἀγνοοῦσιν καὶ πλανωμένοις, ἐπεὶ καὶ αὐτὸς περικείται ἀσθενείαν· καὶ διὰ ταύτην ὀφείλει, καθὼς περὶ τοῦ λαοῦ, οὕτως καὶ περὶ ἑαυτοῦ, προσφέρειν ὑπὲρ ἁμαρτιῶν. Καὶ οὐχ ἑαυτῷ τις λαμβάνει τὴν τιμὴν, ἀλλὰ καλούμενος ὑπὸ τοῦ θεοῦ, καθάπερ καὶ Ἀαρῶν. Οὕτως καὶ ὁ Χριστὸς οὐχ ἑαυτὸν ἐδόξασεν γεννηθῆναι ἀρχιερέα, ἀλλ' ὁ λαλήσας πρὸς αὐτόν, Υἱός μου εἶ σύ, ἐγὼ σήμερον γεγέννηκά σε. Καθὼς καὶ ἐν ἑτέρῳ λέγει, Σὺ ἱερεὺς εἰς τὸν αἰῶνα κατὰ τὴν τάξιν Μελχισεδέκ.

## Gospel Reading

### Sunday of the Holy Cross

The Reading is from Mark 8:34-38; 9:1

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

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### **Sunday of the Holy Cross**

**Κατὰ Μάρκον 8:34-38, 9:1**

Εἶπεν ὁ Κύριος· Εἴ τις θέλει ὀπίσω μου ἔλθειν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθεῖτω μοι. ὃς γὰρ ἂν θέλῃ τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ' ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἕνεκεν ἐμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον εἰάν κερδήσῃ τὸν κόσμον ὅλον, καὶ ζημιωθῇ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ εἰάν ἐπαισχυθῇ με καὶ τοὺς ἐμούς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἁμαρτωλῷ, καὶ ὁ υἱὸς τοῦ ἀνθρώπου ἐπαισχυθήσεται αὐτὸν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· ἀμήν λέγω ὑμῖν ὅτι εἰσὶ τινες τῶν ὧδε ἐστηκότων, οἵτινες οὐ μὴ γεύσωνται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.

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## Wisdom of the Fathers

And see how He also makes His discourse unexceptionable: not saying at all, "whether you will, or no, you must suffer this," but how? "If any man will come after me."

### **St. John Chrysostom**

*Homily 55 on Matthew 16, 1. B#54, p.339., 4th Century*

"I force not, I compel not, but each one I make lord of his own choice; wherefore also I say, 'If any man will.' For to good things do I call you, not to things evil, or burdensome; not to punishment and vengeance, that I should have to compel.

### **St. John Chrysostom**

*Homily 55 on Matthew 16, 1. B#54, p.339., 4th Century*