



# St. Elias the Prophet Church

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## Services Schedule

Sundays: Orthros/Matins - 8:45 AM; Divine Liturgy - 10:00 AM

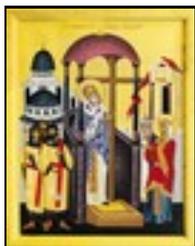
Saturdays: Vespers - 5:00 PM

Weekdays and Saturdays (as announced): Orthros/Matins - 8:45 AM; Divine Liturgy - 10:00 AM

WEEKLY BULLETIN

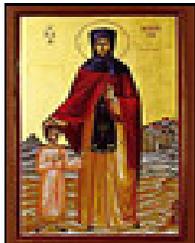
09/11/2016

## Saints and Feasts



September 11

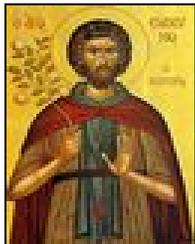
Sunday before Holy Cross



September 11

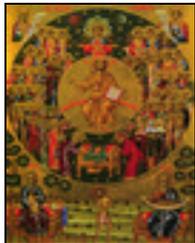
Theodora of Alexandria

This saint lived in the fifth century. Out of remorse for the adultery that she committed with another man, she fled from her husband's house, renamed herself Theodore, clothed herself as a man, and pretending to be a eunuch, entered a monastery of men. Her identity as a woman was discovered only after her death.



September 11

Euphrosynos the Cook



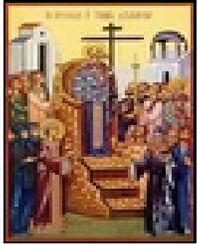
September 11

Afterfeast of the Nativity of the Theotokos



**September 12**

### **Apodosis of the Nativity of Our Most Holy Lady the Theotokos and Ever-Virgin Mary**



**September 13**

### **Forefeast of the Elevation of the Holy Cross**



**September 13**

### **The Consecration of the Church of the Holy Resurrection (Holy Sepulchre)**

The church that is honoured far above all others is that of the Holy Resurrection, which Saint Constantine the Great constructed at the place of Golgotha, where our Saviour was crucified and buried. For a long time this place had been purposely buried beneath the earth by the Jews and heathen; furthermore, during the reign of Hadrian (117-138), a temple dedicated to Aphrodite was built over the site so that this sacred place might be even further desecrated and fall into utter oblivion. It was here that the Cross was hidden. However, at the command of the pious Emperor Constantine, excavations were made and the tokens of the saving Passion were found. It was here, then, that the very great and magnificent temple named in honour of Christ God's Resurrection-the Anastasis-was built under the supervision of the blessed Helen,

while Dracilian was Eparch of Palestine and Macarius was Archbishop of Jerusalem. It was the latter, also, who exalted the venerable Cross and performed the consecration of this temple in the year 336.



**September 13**

### **Cornelius the Centurion & Martyr**

Saint Cornelius was a Roman by race, a pagan by religion, a centurion in rank, an inhabitant of Caesarea of Palestine, a man pious and God-fearing who gave many alms to the people and prayed continually unto God. In accordance with an angelic vision granted to him, he sent to Joppa that they might bring the Apostle Peter. Saint Peter catechized him in the Faith of Christ and baptized all his household (Acts, ch.10). This became the beginning and the first fruits of the calling of the nations. It is said that, after this, he became a bishop, as some say, of Caesarea; but others say of Scepsis, which is not far from Troas; and that he died as a martyr.

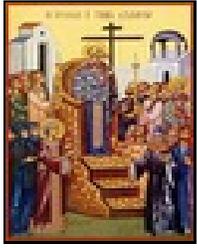


**September 14**

### **The Elevation of the Venerable and Life-Giving Cross**

Saint Helen, the mother of Saint Constantine the Great, when she was already advanced in years, undertook, in her great piety, the hardships of a journey to Jerusalem in search of the cross, about the year 325. A temple to Aphrodite had been raised up by the Emperor Hadrian upon Golgotha, to defile and cover with oblivion the place where the saving Passion had been suffered. The venerable Helen had the statue of Aphrodite destroyed, and the earth removed, revealing the Tomb of our Lord, and three crosses. Of these, it was believed that one must be that of our Lord, the other two of the thieves crucified with Him; but Saint Helen was at a loss which one might be the Wood of our salvation. At the inspiration of Saint Macarius, Archbishop of Jerusalem, a lady of Jerusalem, who was already at the point of death from a certain disease, was brought to touch the crosses, and as soon as she came near to the Cross of our Lord, she was made perfectly whole. Consequently, the precious Cross was lifted on high by Archbishop Macarius of Jerusalem; as he stood on the ambo, and when the people beheld it, they cried out, "Lord have mercy." It should be noted that after its discovery, a portion of the venerable Cross was taken to Constantinople as a blessing. The rest was left in Jerusalem in the magnificent church built by Saint Helen, until the year 614. At that time, the Persians plundered Palestine and took the Cross to their own country (see Jan. 22, Saint Anastasius the Persian). Late, in the year 628, Emperor Heraclius set out on a military campaign, retrieved the Cross, and after bringing it to Constantinople, himself escorted it back to Jerusalem, where he restored it to its place.

Rest from labour. A Fast is observed today, whatever day of the week it may be.



September 15

## Afterfeast of the Holy Cross

## Services and Information

Welcome to all visitors! Please join us for fellowship immediately following the Liturgy in the Social Hall. For those visiting an Orthodox Church for the first time, please be aware that Holy communion is a sign of unity of faith which is only offered to baptized and chrismated Orthodox Christians. However, all present are welcome to partake of the antidoron (or blessed bread) which is distributed at the end of the service. Those interested in learning more about the Orthodox Christian faith, please see Fr. Dimitri Pappas after the service.

Visit the church web site: <<http://steliasnm.org/>>.

### Services Schedule (unless otherwise noted)

Sundays: Orthros/Matins - 8:45 AM; Divine Liturgy - 10:00 AM

Saturdays: Vespers - 5:00 PM

Weekdays and Saturdays (as announced): Orthros/Matins - 8:45 AM; Divine Liturgy - 10:00 AM

**Volunteer Prosforon bakers: please have the Prosforon to Fr. Dimitri before Orthros starts.**

### September & October 2016

11 Sep. (Sunday before Holy Cross) prosforon & coffee hour, Anastasia Stevens.

18 Sep. (Sunday after Holy Cross) prosforon & coffee hour, Michelle Armijo & Anna Patsalis.

25 Sep. (1st Sunday of Luke) prosforon & coffee hour, Mary O'Brien & Helen Skinas.

2 Oct. (2nd Sunday of Luke) prosforon, Diane Tintor; coffee hour, Nymphe Kefal.

9 Oct. (3rd Sunday of Luke) prosforon & coffee hour, Mac Ennis.

16 Oct. (Sunday of the 7th Ecumenical Council) prosforon, Iggy Patsalis; coffee hour, Nia Parry.

23 Oct. (6th Sunday of Luke) prosforon, Diane Tintor; coffee hour, Niki Constantaras.

30 Oct. (5th Sunday of Luke) prosforon & coffee hour, Anastasia Stevens.

### GOC Links

Greek Orthodox Metropolis of Denver <<http://www.denver.goarch.org/>>.

Greek Orthodox Archdiocese of America <<http://www.goarch.org/>>.

Orthodox Calendar <<http://www.goarch.org/chapel/calendar/>>.

Orthodox Observer <<http://www.goarch.org/news/observer/>>.

### Parish News and Events

#### Parish Council Meetings

Parish Council meeting — The next Parish Council meeting will be on Sunday, October 16, after the Divine Liturgy.

#### Our Annual Rummage Sale Will Be an Estate Sale at Our Church on October 8

Last December, Dcn. David Mascareñas fell asleep in the Lord. May his memory be eternal. We have a generous donation from his estate to our church, and it will be the foundation of this year's rummage sale for the church. We are hoping that our parishioners and patrons will find some quality items to donate to add to the sale. This year, we are hoping to receive donations of useable items of value that will interest good buyers, not the usual flea market castoffs. Please contact Fr. Dimitrios or April Dellas for more information. We also need volunteers to help during the sale from 8:00 a.m. to 1:00 p.m. at the church on October 8.

#### 2016 Albuquerque Grecian Festival — Friday, Sept. 30 – Sunday, Oct. 2

Please support our our sister Greek Orthodox Church in Albuquerque. General admission is \$5, \$2 for Seniors 62+, free for kids under 12, and free for all Police, Fire, Emergency, and Military Personnel. The Festival will be held at St. George Greek Orthodox Church, 308 High St SE, Albuquerque, NM 87102. Please visit <[abqgreekfest.com](http://abqgreekfest.com)> for details.

#### Recycling for St. Elias

The church receives a donation for recycling your used toner cartridges and inkjet cartridges. When you get new ones, please bring the used ones to the church, in their packing if possible. Every bit that we recycle means more funds for our parish. Please help with this free and painless way to raise money and protect the environment.

#### 2016 Stewardship

We thank all of our members who have made a stewardship pledge to our parish of St. Elias the Prophet. Through your continued and loving support, the Parish Council and Fr. Dimitrios Pappas are able to serve as caretakers and deal with the needs and priorities that face our church. If you have not already done so, please complete your 2016 pledge card and return it to the church at your convenience. Thank you!

# Hymns of the Day

## Resurrectional Apolytikion in the Third Mode

Let the Heavens rejoice; let earthly things be glad; for the Lord hath wrought might with His arm, He hath trampled upon death by death. The first-born of the dead hath He become. From the belly of Hades hath He delivered us, and hath granted great mercy to the world.

Εύφραινέσθω τὰ οὐράνια, ἀγαλλιέσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ᾄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

## Apolytikion for Afterfeast of the Nativity of the Theotokos in the Fourth Mode

Thy Nativity, O Theotokos, hath proclaimed joy to the whole world; for from thee hath dawned the Sun of Righteousness, Christ our God, annulling the curse and bestowing the blessing, abolishing death and granting us life everlasting.

Ἡ γέννησίς σου Θεοτόκε, χαράν ἐμήνυσε πάση τῇ οἰκουμένῃ, ἐκ σοῦ γάρ ἀνέτειλεν ὁ ἥλιος τῆς δικαιοσύνης, Χριστὸς ὁ Θεὸς ἡμῶν, καὶ λύσας τὴν κατάραν, ἔδωκε τὴν εὐλογίαν, καὶ καταργήσας τὸν θάνατον, ἔδωκε ζωὴν ἡμῖν ζωὴν αἰώνιον.

## Apolytikion for St. Elias in the First Mode

The incarnate Angel and the Prophets' summit and boast, the second fore-runner of the coming of Christ, Elias, the glorious, from above he has sent down his grace upon Elisha; he doth cast out sickness and also doth cleanse the lepers; and unto all that honor him, streams of cures he poureth forth.

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Ὁ ἑνσαρκὸς ἄγγελος, τῶν Προφητῶν ἡ κρητὶς, ὁ δεῦτερος Πρόδρομος τῆς παρουσίας Χριστοῦ, Ἡλίας ὁ ἐνδοξος, ἄνωθεν καταπέμψας, Ελισαίῳ τὴν χάριν, νόσους ἀποδιώκει, καὶ λεπρούς καθαρίζει, διὸ καὶ τοῖς τιμῶσιν αὐτὸν βρῦει ἰάματα.

## Seasonal Kontakion in the Fourth Mode

In your holy birth, Immaculate One, Joachim and Anna were rid of the shame of childlessness; Adam and Eve of the corruption of death. And so your people, free of the guilt of their sins, celebrate crying: "The barren one gives birth to the Theotokos, who nourishes our life."

Ἰωακείμ καὶ Ἄννα ὀνειδισμοῦ ἀτεκνίας, καὶ Ἀδὰμ καὶ Εὐά, ἐκ τῆς φθορᾶς τοῦ θανάτου, ἠλευθερώθησαν, Ἄχραντε, ἐν τῇ ἀγίᾳ γεννήσει σου, αὐτὴν εορτάζει καὶ ὁ λαὸς σου, ἐνοχῆς τῶν πταισμάτων, λυτρωθεὶς ἐν τῷ κράζειν σοι, Ἡ στείρα τίκτει τὴν Θεοτόκον, καὶ τροφὸν τῆς ζωῆς ἡμῶν.

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*Resurrectional Apolytikion in Third Tone © Holy Transfiguration Monastery - Brookline, MA*

*Apolytikion for Afterfeast of the Nativity of the Theotokos in the Fourth Tone © Holy Transfiguration Monastery - Brookline, MA*

*Apolytikion for St. Elias ©*

*Seasonal Kontakion in the Fourth Tone © Narthex Press - Northridge, CA*

# Gospel and Epistle Readings

## Matins Gospel Reading

### First Orthros Gospel

The Reading is from Matthew 28:16-20

At that time, the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. And when they saw him they worshipped him; but some doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you; and lo, I am with you always, to the close of the age. Amen."

### First Orthros Gospel

Κατὰ Ματθαῖον 28:16-20

Οἱ δὲ ἑνδεκα μαθηταὶ ἐπορεύθησαν εἰς τὴν Γαλιλαίαν, εἰς τὸ ὄρος οὗ ἐτάξατο αὐτοῖς ὁ Ἰησοῦς. καὶ ἰδόντες αὐτὸν προσεκύνησαν αὐτῷ, οἱ δὲ ἐδίστασαν. καὶ προσελθὼν ὁ Ἰησοῦς ἐλάλησεν αὐτοῖς λέγων· ἐδόθη μοι πᾶσα ἐξουσία ἐν οὐρανῷ καὶ ἐπὶ γῆς. πορευθέντες μαθητεύσατε πάντα τὰ ἔθνη, βαπτίζοντες αὐτοὺς εἰς τὸ ὄνομα τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, διδάσκοντες αὐτοὺς τηρεῖν πάντα ὅσα ἐνετειλάμην ὑμῖν· καὶ ἰδοὺ ἐγὼ μεθ' ὑμῶν εἰμι πάσας τὰς ἡμέρας ἕως τῆς συντελείας τοῦ αἰῶνος. ἀμήν.

## Epistle Reading

**Prokeimenon. Plagal Second Mode. Psalm 27.9,1.**

O Lord, save your people and bless your inheritance.

Verse: To you, O Lord, I have cried, O my God.

**The reading is from St. Paul's Letter to the Galatians 6:11-18.**

BRETHREN, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised, and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

**Προκείμενον. Plagal Second Mode. ΨΑΛΜΟΙ 27.9,1.**

Σώσον, Κύριε τὸν λαὸν σου καὶ εὐλόγησον τὴν κληρονομίαν σου.

Στίχ. Πρὸς σέ, Κύριε, κεκράξομαι ὁ Θεός μου.

**τὸ Ἀνάγνωσμα Πρὸς Γαλάτας 6:11-18.**

Ἀδελφοί, ἴδετε πηλίκους ὑμῖν γράμμασιν ἔγραψα τῇ ἐμῇ χειρὶ. Ὅσοι θέλουσιν εὐπροσωπῆσαι ἐν σαρκί, οὗτοι ἀναγκάζουσιν ὑμᾶς περιτέμνεσθαι, μόνον ἵνα μὴ τῷ σταυρῷ τοῦ Χριστοῦ διώκωνται. Οὐδὲ γὰρ οἱ περιτετημένοι αὐτοὶ νόμον φυλάσσουσιν, ἀλλὰ θέλουσιν ὑμᾶς περιτέμνεσθαι, ἵνα ἐν τῇ ὑμετέρᾳ σαρκὶ καυχῆσωνται. Ἐμοὶ δὲ μὴ γένοιτο καυχᾶσθαι εἰ μὴ ἐν τῷ σταυρῷ τοῦ κυρίου ἡμῶν Ἰησοῦ Χριστοῦ· δι' οὗ ἔμοι κόσμος ἐσταύρωται, κἀγὼ τῷ κόσμῳ. Ἐν γὰρ Χριστῷ Ἰησοῦ οὔτε περιτομὴ τι ἰσχύει, οὔτε ἀκροβυστία, ἀλλὰ καινὴ κτίσις. Καὶ ὅσοι τῷ κανόνι τούτῳ στοιχήσουσιν, εἰρήνη ἐπ' αὐτούς, καὶ ἔλεος, καὶ ἐπὶ τὸν Ἰσραὴλ τοῦ θεοῦ. Τοῦ λοιποῦ, κόπους μοι μηδεὶς παρεχέτω· ἐγὼ γὰρ τὰ στίγματα τοῦ κυρίου Ἰησοῦ ἐν τῷ σώματί μου βαστάζω. Ἡ χάρις τοῦ κυρίου ἡμῶν Ἰησοῦ Χριστοῦ μετὰ τοῦ πνεύματος ὑμῶν, ἀδελφοί. Ἀμήν.

## Gospel Reading

**Sunday before Holy Cross**

**The Reading is from John 3:13-17**

The Lord said, "No one has ascended into heaven but he who descended from heaven, the Son of man. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God sent the Son into the world, not to condemn the world, but that the world might be saved through him."

**Sunday before Holy Cross**

**Κατὰ Ἰωάννην 3:13-17**

Εἶπεν ὁ Κύριος· καὶ οὐδεὶς ἀναβέβηκεν εἰς τὸν οὐρανὸν εἰ μὴ ὁ ἐκ τοῦ οὐρανοῦ καταβάς, ὁ υἱὸς τοῦ ἀνθρώπου ὁ ὢν ἐν τῷ οὐρανῷ. καὶ καθὼς Μωϋσῆς ὑψώσεν τὸν ὄφιν ἐν τῇ ἐρήμῳ, οὕτως ὑψωθῆναι δεῖ τὸν υἱὸν τοῦ ἀνθρώπου, ἵνα πᾶς ὁ πιστεύων εἰς αὐτὸν μὴ ἀπόληται ἀλλ' ἔχη ζωὴν αἰώνιον. Οὕτω γὰρ ἠγάπησεν ὁ Θεὸς τὸν κόσμον, ὥστε τὸν υἱὸν αὐτοῦ τὸν μονογενῆ ἔδωκεν, ἵνα πᾶς ὁ πιστεύων εἰς αὐτὸν μὴ ἀπόληται ἀλλ' ἔχη ζωὴν αἰώνιον. οὐ γὰρ ἀπέστειλεν ὁ Θεὸς τὸν υἱὸν αὐτοῦ εἰς τὸν κόσμον ἵνα κρίνῃ τὸν κόσμον, ἀλλ' ἵνα σωθῆ ὁ κόσμος δι' αὐτοῦ.

## Wisdom of the Fathers

Here Christ speaks concisely, because His discourse was directed to Nicodemus, but still in a more significant manner ... He shows the great strength of His love ... He, the immortal, who is without beginning, the Infinite Majesty, they but dust and ashes, full of ten thousand sins, who, ungrateful, have at all times offended Him; and these He "loved."

**St. John Chrysostom**

*Homily 27 on John 3, 4th Century*

For since Nicodemus had said, "We know that Thou art a teacher come from God," on this very point He sets him right, all but saying, "Think Me not a teacher in such manner as were the many of the prophets who were of earth, for I have come from heaven (but) now. None of the prophets hath ascended up thither, but I dwell there."

**St. John Chrysostom**

*Homily 27 on John 3, 4th Century*